



Are You Pregnant?

There are many health benefits for you & your baby if you access maternity care as soon as you have a positive pregnancy test.

To access care at Southend hospital you will need to register your pregnancy online with our

Pregnancy Booking Line

Please complete our online referral form via the Southend Hospital website at

<https://portal.southend.nhs.uk/maternityselfreferral>

**If you experience any difficulties with your referral please email us on
pregnancybookingline@southend.nhs.uk**

We aim to respond to your referral within 7 working days.

If you are taking any medications please seek advice from your GP.