

Southend Hospital's First Aid for Parents Session



Did you know that every year over one million children under the age of 15 are taken to A&E after experiencing an accident in and around the home?

Our hands on training session is ideal for **parents, carers, family members, babysitters and anyone who will care for your children**. You will learn how to administer CPR, recovery positions, choking and much more.

Our next sessions will be held on the following dates:

Thursday 9th June 18:30-20:30 (babies up to 1 years)

Thursday 16th June 18:30-20:30 (children from 1 years +)

at Southend Hospital

Minimum donation of £20 per person

For more information or to book a place, please contact:

Amanda Wilkinson, Family Support Coordinator

Telephone: 01702 507113

Amanda.wilkinson@southend.nhs.uk

Please Note: £20 minimum donation will be required at time of booking using a valid debit card. Donations are non-refundable. Any funds raised will go towards the hospital's Ladybird Nursery. A certificate will be credited upon completion of the session by our training provider, PJ First Aid Training Ltd. Baby and junior mannequins will be provided. Charity number: 1057266, under the auspices of Southend Hospital Charity